

Navigating Sex Education with your Children:

An Ongoing Discussion

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5 Questions To Consider

- Who:** accepts the teaching responsibility?
- Why:** does this need to be shared and developed?
- When:** should talking to your children occur?
- What:** to teach?
- How:** to engage the topic?

Who should be teaching our children?

Deuteronomy 6:7 "And thou shalt teach them diligently unto thy children, ..."

- A central role of parenting is teaching.
- Your children will learn about sex. There is an open seat at the head of the table waiting for us.
- **You can do this.**

Why: does this need to be talked about?

- God has a message about sex and it is good.
- To help protect our children.
- "Absence" of information communicates a message.

When: should you talk to your children?

The right time is RIGHT NOW!

- Start with basics and build early and often.
- Consider it a **Process** and not just one **Conversation**.

Proverbs 22:6 "Train up a child in the way he should go: and when he is old, he will not depart from it."

What: to teach?

- He made them male and female.
- God's design for their bodies.
 - *Psalm 139:14 "I will praise thee; for I am fearfully and wonderfully made: ..."*
- God created sex and sees it as good.
- Why follow God's Design: Joys and Sorrows

How: do engage the topic?

Proactive:

Daily Interactions

- Bible Stories
- Local and National News
- Media: Signs, Videos, Magazines you walk past, Facebook Feed...
- Interaction with Peers

Responsive:

After Something Occurs

- Find your child playing doctor.
- 11 yr old sees something inappropriate.

A solid relationship with your child will be necessary to engage these conversations.

Resources

- God's Design for Sex by Stan and Brenna Jones

How and When to Tell Your Kids About Sex: (Parent's Guide)

- Book 1: *The Story of Me* (ages 3-5)
- Book 2: *Before I Was Born* (ages 5-8)
- Book 3: *What's the Big Deal* (ages 8-11)
- Book 4: *Facing the Facts* (ages 11-14)

- God Made All of Me: A Book to Help Children Protect Their Bodies by Justin S. Holcomb and Lindsey A. Holcomb

- Interviewing Your Daughter's Date by Dennis Rainey

- I Kissed Dating Goodbye by Joshua Harris