

Cultivating Connections

MARRIAGE CONFERENCE 2019

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Date Nights & Intentionality

Purpose of Date Nights

Definition of **Date***

- an appointment to meet at a specified time
i.e.- set up a date with her lawyer
- a social engagement between two persons that often has a romantic character
i.e.- asked her out on a date
- a person with whom one has a usually romantic date
i.e. - bringing a date to the dance

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Intentionality & Marriage

- What is "steering" my marriage? How do I know?
 - Schedule?
 - Kids?
 - Relationships?
 - Church?
- Who is helping us (my spouse & I) "navigate" our marriage?
- What is the vision for your marriage? Theme verse?
 - "What you put into your marriage, is what you'll _____"

Pursue Together Compromise Regularly

Pursuing life together is MUCH more fun!

- Created different yet together.
- Appreciate the passions of your spouse-even if they are different!
- Think back to when you first were attracted to each other and engaged...
 - What did you pursue together?
 - What made your heart stop?
 - What did you have in "common"? 😊

Compromise Regularly – take turns choosing date night location, arranging sitters/schedules/etc.

Connect Regularly

Daily

- What time of day works best for you both?
- Only logistics? Other...

Weekly

- Is there a weekly time you hold sacred? When planning schedules remember to look ahead...

Monthly

- How can you make one date night/month possible?
- What will it take...?

Annually

- What kind of supports are needed to have a yearly getaway?
- Same location? Varied?