

# TEACHING YOUR KIDS ABOUT GOD'S DESIGN FOR SEX:

An Ongoing Discussion



Apostolic Christian Counseling and Family services

877-370-9988

www.accounseling.org

info@accounseling.org



## 5 Questions To Consider

**Who:** accepts the teaching responsibility?

**Why:** does this need to be shared and developed?

**When:** should talking to your children occur?

**What:** to teach?

**How:** do engage the topic?

### **Who** should be teaching our children?

**Deuteronomy 6:7** *And thou shalt teach them diligently unto thy children, ...*

- A central role of parenting is teaching.
- Your children will learn about sex. There is an open seat at the head of the table waiting for us.
- **You can do this.**

### **Why:** does this need to be talked about?

- God has a message about sex and it is good.
- To help protect our children.
- “Absence” of information communicates a message.

### **When:** should you talk to your children?

**The right time is RIGHT NOW!**

Start with basics and build early and often.

Consider the **Process** and not just one **Conversation**

*Proverbs 22:6 “Train up a child in the way he should go: and when he is old, he will not depart from it.”*

### **What:** to teach?

- He made them male and female.
- God’s design for their bodies.
  - *Psalm 139:14 “I will praise thee; for I am fearfully and wonderfully made: ...”*
- God created sex and sees it as good.
- Why follow God’s Design: Joys and Sorrows

## How: do engage the topic?

### Proactive:

Daily Interactions

- Bible Stories
- Local and National News
- Media: Signs, Videos, Magazines you walk past, Facebook Feed...
- Interaction with Peers

### Responsive:

After Something Occurs

- Find your child playing doctor.
- 11 yr old sees something in appropriate

A solid relationship with your child will be necessary to engage these conversations.

## Resources

### God's Design for Sex: By: Stan and Brenna Jones

How and When to Tell Your Kids About Sex: (Parent's Guide)

- Book 1: The Story of Me (ages 3-5)
- Book 2: Before I Was Born (ages 5-8)
- Book 3: What's the Big Deal (ages 8-11)
- Book 4: Facing the Facts (ages 11-14)

- God Made All of Me: A Book to Help Children Protect Their Bodies: By Justin S. Holcomb and Lindsey A. Holcomb
- Interviewing Your Daughter's Date: By: Dennis Rainey

## Building Blocks

Behaviors

Supports

Skills

Beliefs

Strong Parent-Child Relationship