

123 Face to Face Meeting #4 Template

REVIEW THE LESSON CONCEPTS

Week 1: Freedom – I need to really want it.

Week 2: Repentance – I feel guilt but not shame.

Week 3: Gospel – I am powerless to change, oh but for the gospel.

Week 4: Confession – I am humbled and therefore am ready for healing.

Week 5: Lifestyle – I build a lifestyle conducive to my weakest moments.

Week 6: Action – I have a plan for action and I'm working that plan.

Week 7: Temptation – I see temptation as an opportunity to worship.

Week 8: Identity – I behave according to who I believe that I am.

Week 9: Thoughts – My thoughts give rise to my feelings which give rise to my behavior.

Week 10: Brain – My brain changes for the better or for the worse.

Week 11: Addiction – is the anti-gospel

Week 12: Wounds – My addictions medicate deeper pain.

REVIEW THE MEMORY WORK

Col 3:1-9

¹ *If ye then be risen with Christ, seek those things which are above, where Christ sitteth on the right hand of God.*

² *Set your affection on things above, not on things on the earth.*

³ *For ye are dead, and your life is hid with Christ in God.*

⁴ *When Christ, who is our life, shall appear, then shall ye also appear with him in glory.*

⁵ *Mortify therefore your members which are upon the earth; fornication, uncleanness, inordinate affection, evil concupiscence, and covetousness, which is idolatry:*

⁶ *For which things' sake the wrath of God cometh on the children of disobedience:*

⁷ *In the which ye also walked some time, when ye lived in them.*

⁸ *But now ye also put off all these; anger, wrath, malice, blasphemy, filthy communication out of your mouth.*

⁹ *Lie not one to another, seeing that ye have put off the old man with his deeds;*

¹⁰ *And have put on the new man, which is renewed in knowledge after the image of him that created him:*

¹¹ *Where there is neither Greek nor Jew, circumcision nor uncircumcision, Barbarian, Scythian, bond nor free: but Christ is all, and in all.*

¹² *Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering;*

123 Face to Face Meeting #4 Template

HIGHLIGHT A PRAYER

Encourage them to thoughtful articulation in prayer... (could pull an example of a prayer from a participant that you were impressed by. Comment on what impressed you.)

REMIND THEM TO MAKE AND READ PEER FEEDBACK

Remind participants of their duty to each other. Thank them for contributing.

HIGHLIGHT AND REVIEW KEY QUESTIONS FROM LESSONS.

The goal here is for participants to speak to their responses and hear feedback from fellow participants.

Suggestions...

From lesson 10: The good news brain science offers is your brain is not stuck forever. Over time, pathways can be changed. What are two things you can do to help rewrite your brain pathways.

From lesson 12: Share or expand on any of your wounds that you wish. Participants should listen, empathize, encourage and speak truth into the wounds.