

# True Guilt

**1 OCCURS WHEN:**  
We sin ("miss the mark").

**2 WE FEEL:**  
Conviction.

**3 SENT BY:**  
The Holy Spirit because God is Holy and He chastens those He loves.

**4 MESSAGE TO US:**  
"You're out of line. Get back on track. Come closer to Me."

**7 WE FEEL:**  
Hope.

**6 LEADS TO:**  
Forgiveness, restoration and a deepening of relationship with God and others.

**5 OUR RESPONSE:**  
Repentance, Confession, Restitution



# False Guilt

