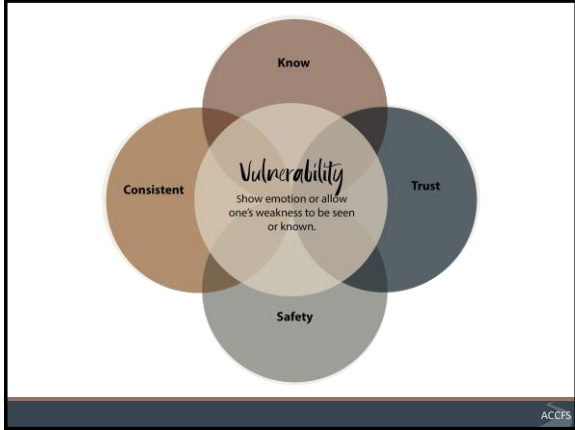


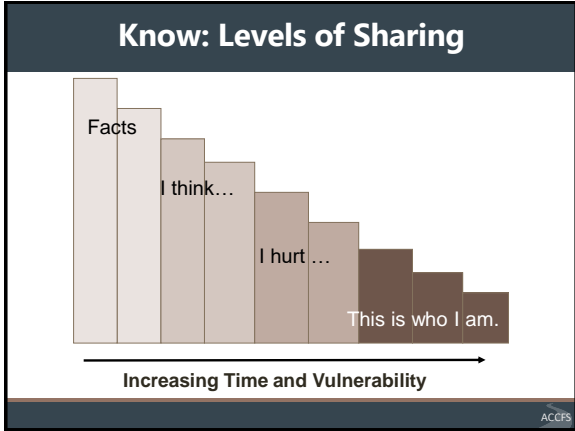
Vulnerability in Marriage Webinar

Apostolic Christian Counseling & Family Services
 877-370-9988 www.accounseling.org info@accounseling.org



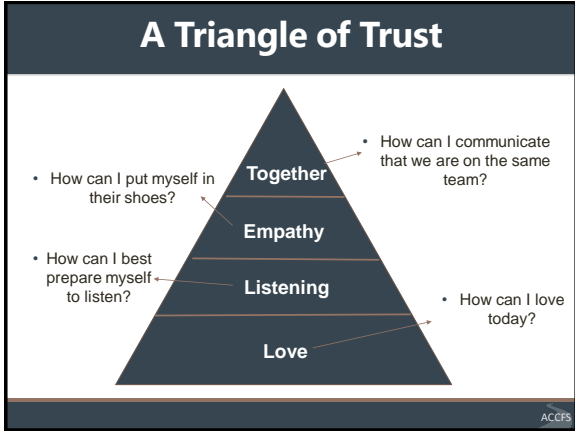
Know

- Knowing your spouse
- Opposite – vague, unfamiliar



Trust

- Trusting your spouse
- Opposite – unsure, doubt



Safety

- Safety with your spouse.
- Opposite – neglected

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Think of an example of a wall which you have built which is limiting your safety as a couple...



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Consistent

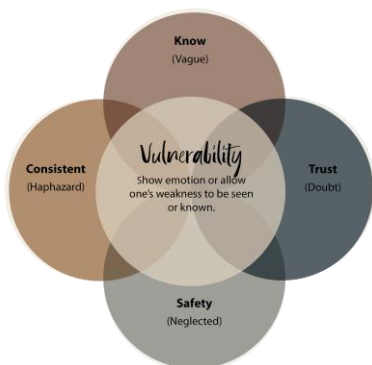
- Consistency with your spouse.
- Opposite – haphazard, random.

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Relationships are built or destroyed one conversation at a time, one action (or lack of action) at a time.

You, Me, We Morag Barrett

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