

Developing Community Rhythms

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Natural Rhythms

Nature is cyclic. Seasons and repeated processes set the cadence for life. Life is tuned to the clock of natural rhythms.

Natural Rhythms

Daily

Monthly

Yearly

Personal Rhythms

We all live our life in rhythms. These consistent practices in our life make up a large part of who we are and who we are becoming.

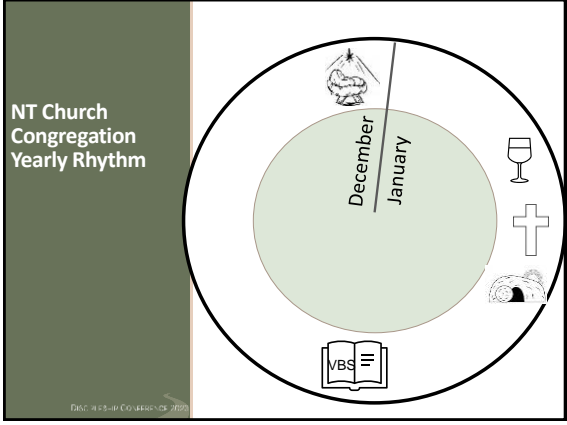
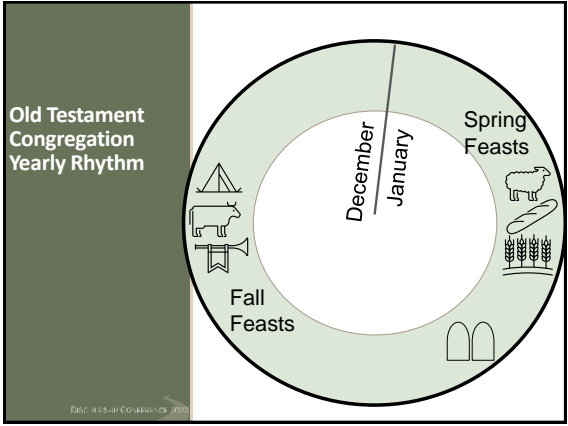
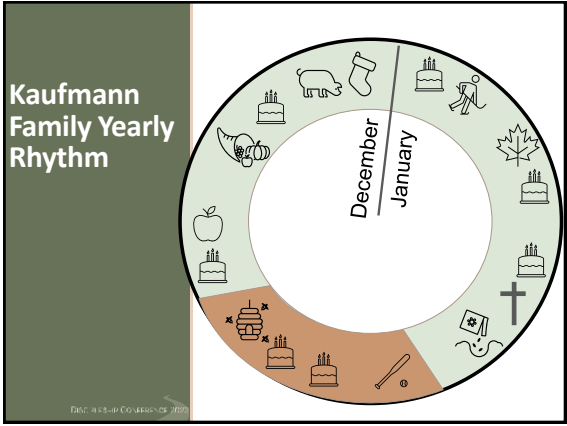
Personal Rhythms

Daily

Weekly

Community Rhythms

People who live together share rhythms. These rhythms become a shared way of life. Often they form a culture of enduring values.



Spiritual formation Living in the local church community

If spiritual formation doesn't live in the life of the local believing community, then it won't long endure and will become a passing fad.

A Means, Not an End

Community rhythms are a means to an end.

- Shared celebration
- Shared connection
- Shared partnership
- Shared remembrance
- Shared culture
- Shared identity

Shared rhythms die the death of legalism when they become the end instead of the means.

Vision for Church Rhythms

Imagine having shared community rhythms. What are some ideas? - what, when, where

- Daily
- Weekly
- Monthly
- Quarterly
- Yearly

Communities:

- Family
- Community group
- Local church