

What Does an Overcoming Christian Life Look Like?

An overcomer SPEAKS...

- **Honestly:** They are truthful and do not minimize or hide when questions are posed to them. Open about spiritual battles.
- **Proactively:** Informs others of temptations and high risk situations that they are facing. Doesn't wait until after a fall to speak up.
- **IN A SET BACK:** An overcomer speaks quickly. Confessing sin soon after it happens.

Meditate on Psalm 32 & 33.

An overcomer THINKS...

- **Spiritual growth takes time:** It is a necessary process in a believer's life. Doesn't seek quick fixes but focuses on the long term trend.
- **Scripture is foundational:** Bible verses are memorized and reviewed to use against temptation.
- **IN A SET BACK:** An overcomer thinks reflectively on how the "chain of events" led to sin.

Meditate on James 1.

An overcomer BELIEVES...

- God's extension of forgiving grace is beautiful, but more beautiful is His peace which follows obedience.
- The direction of their heart must be toward God. Having or having not sinned is not the only measure of overcoming.
- **IN A SET BACK:** An overcomer believes in the critical need for grace, repents in humility, receives God's forgiveness, and moves forward.

Meditate on Romans 6-8.

An overcomer ACTIVELY...

- Sets boundaries and defenses to avoid temptations. Cuts off influences which weaken their ability to overcome.
- Forms accountability support with overcoming believers and submits to their counsel, even in times of victory.
- **IN A SET BACK:** An overcomer shows Godly sorrow yet actively gets back up.

Meditate on Ephesians 4:17-24 & Colossians 3.



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