



3000 Counseling Sessions



220 Telepsychiatry Sessions



1800 Telehealth Sessions
60% of Counseling Sessions



129 Presentations
4000+ Attendees



160 Attendees at the Cultivating Connections Marriage Conference



9 Webinar Teachings



79 Program Participants



12 ACCFS Courses
Now Available Online



214 Podcast Episodes
418,000 Downloads



1200 Facebook Followers



1300 Instagram Followers

This report covers the year ending December 31, 2023. We are thankful to be a servant agency to our beloved church and to the Elder Body.

2024 Key Prayers & Opportunities

- **Need for Counselors** – We are thankful for trained counselors within the Apostolic Christian Church. The ACCFS clinical staff is stretched to meet the counseling needs within the denomination and makes referrals outside the agency when we lack capacity or specialties needed. We encourage both brothers and sisters to consider going into the counseling field. We would love to connect with individuals potentially interested in going into the field or who may be interested in working at ACCFS.
- **Mobilization of Church Discipleship Connectors**– We are working to identify, curate, and mobilize a group of Discipleship Connectors within the church who can serve as connection points between the resources of ACCFS & the needs of the local church. These individuals support their local elder in raising awareness of the resources of ACCFS available to the local church.
- **Highlighting ACCFS Initiatives** – We continue to grow our communication with church leaders to help them be aware of the work that ACCFS is doing and how it might support their local church. There is much good work taking place on a variety of fronts and we want to continue to lean into communication to ensure this work is easily available to those who need it when they need it.



Counseling

- **Psychiatry** - ACCFS offers telepsychiatry services in Illinois and Michigan, provided by Aaron Plattner, MD, of Spero Psychiatric Services. Having a high-quality psychiatrist who works from a Christian perspective is a great blessing. Dr. Plattner performed more than 220 telepsychiatry sessions in 2023.



220 Telepsychiatry Sessions

- **Referrals** - ACCFS offers referrals to qualified mental health professionals across the United States. As we continue to expand and update our Referral Index, we want to partner with local church leadership to identify high-quality referral options.
- **Scholarship** - In 2023, ACCFS, along with the Eureka Home and AC LifePoints, offered scholarships to assist students planning to go into healthcare and social service fields. Six individuals were offered the scholarship opportunity for a total of \$19,500.
- **Mental Health Students** - ACCFS provides one-time and ongoing visits and mentoring for those affiliated with our churches who are students or professionals in mental health-related fields. This year we added a new Mental Health Students Community page to our website.
- **Counseling Sessions** - ACCFS provided over 3000 Christ-centered counseling sessions with more than 400 clients from 67 churches. Our counseling sessions help clients work through issues such as depression, anxiety, OCD/scrupulosity, trauma, marriage, parenting and family relationship struggles, addiction, and adjustment issues.



3000 Counseling Sessions

- **Telehealth** - Approximately 60% of counseling sessions were through telehealth (voice and/or video calls with clients at their location).



1800 Telehealth Sessions

- **Inquiries** - More than 650 inquiries came into ACCFS seeking information about mental health issues or relationship problems for themselves or others, including elders seeking ways to support struggling individuals.



Church Support

- **Presentations** - There were 129 educational presentations and trainings provided to members and ministers from different churches. Over 4,000 individuals attended these presentations in their various venues.



129 Presentations

- **Video Content** - ACCFS continues to develop and offer video content, including course teaching videos, short teachings on discipleship, topics from counselors, and event promo videos.



Online Services

- **Courses** - ACCFS has developed a series of online courses in various topic areas. These courses are offered to encourage discipleship as well as spiritual and emotional growth, for individuals, mentor relationships, pulpit ministers, and small groups. We offer 12 courses today:
 - **Individually paced courses:** Identity, Emotional Intelligence, Biblical Decision Making, Basic Counseling Skills, and Emotional Regulation.
 - **Mentor-driven courses:** Way of Purity, Healing from Sexual Betrayal, and Telling Myself the Truth.
 - **Small group courses:** Lessons on Grief, Core 8: Building Vulnerable Community, Sexual Integrity 1.2.3, and Spiritual Formation: Abiding with Jesus.

We encourage you to explore ACCFS Courses for your own growth as well as the growth of others.



12 Courses

- **Podcast** - ACCFS released 26 *Breaking Bread* podcasts this year. There are currently 214 podcast episodes available. To date, there have been over 418,000 downloads of these podcasts across streaming platforms with an average of over 1,970 downloads per episode.



214 Podcast Episodes

Online Services

- **Minister Webinars** - ACCFS held three additional Minister Webinars this year for AC Church ministers and wives. To date, we have conducted 20 total ministers' / wives' webinars and over 269 ministers/wives from 87 different churches have attended at least one of these 20 webinars. We have an average attendance of 54 ministers and 40 churches per webinar.

9 Webinars

- **Social Media** - ACCFS resources continue to be shared via social media to increase access and availability. We currently have over 1,200 friends on Facebook and over 1,300 followers on Instagram.

 **1200 Facebook Friends**

 **1300 Instagram Followers**

Events

Cultivating Connections Marriage Conference

 Roanoke, Illinois  **160 Participants** from 22 different churches  2700+ downloads of audio/video since the event

Discipleship Conference

 Leo, Indiana  **100 Participants** from 22 different churches  1000 downloads of audio/video since the event

In 2023, we hosted our **first** Marriage Retreat. We spent a weekend focused on teaching, discussion, fellowship, and intentional couple time.

Marriage Retreat

 Prescott, Arizona  **25 Couples** from 11 different churches

Events

Abide

- 11** Individuals from eight different churches attended the three-week Discipleship Training program in Peachtree City, Georgia.
- 49** Individuals participated in one of three Journey Weeks, which is a collaboration between Abide and HarvestCall.
- 19** Abide alumni attended the two retreat weekends we held in 2023 (January and October).

Elders

- At the August Elder Meeting in Morton, ACCFS held a workshop with the Elders' wives to support them in their important role.
- ACCFS supported a number of Regional Elder/Deacon meetings throughout 2023.

Staff

ACCFS 11 Full-Time Staff

 3 Church Outreach Teachers  4 Counselors  1 Church Outreach Communicator
 2 Front Office Staff  1 Administrator

ACCFS 8 Part-Time Staff

 2 Counselors  3 Church Outreach Staff  2 Front Office Staff  1 Housekeeper

\$ Finances

Finances for operations were received from 74 Apostolic Christian churches. Of the \$1,350,079 received in contributions, \$412,558 of that amount came directly to ACCFS from individuals. ACCFS is greatly appreciative for the contributions, both from churches and from individuals.



\$412,558
By Individuals



\$1,350,079
Total Contributions



74 Churches

ACCFS received funds from the National Brotherhood Fund to help cover expenses incurred from activities related to direct support of the national church. These expenses result from services such as Elder Body support, minister support, Breaking Bread podcasts, etc.

ACCFS received a generous grant from the Apostolic Christian Endowment Fund in 2023. This grant enabled ACCFS to install additional doors in our building for the privacy of our clients and add an exterior eastside entry to the building. The grant also covered relamping the facility, moving from fluorescent to LED lighting.

Although some of the costs of operations are covered by client billings, these billings are based on a sliding scale that corresponds with the client's annual household income. The average rate paid by clients was \$101.40/session, which is 78% of the full rate charge. The money received from billed services represents 23% of our total operating expenses. Thus, ACCFS relies heavily on contributions.

Conclusion

In 2023, Bro Carle Hoerr completed his term as a Board member, having served since 2014. We extend our sincere thanks for his dedicated efforts on behalf of ACCFS throughout the years. Bro Carle played a crucial role in leading and supporting ACCFS, providing valuable counsel that led to several improvements at our Morton facility during his tenure. We deeply appreciate his service, and his presence will be missed. As we step into 2024, we warmly welcome Bro Clint Heinold (Morton) to the Board.

As always, we are thankful to God for His loving guidance, and we appreciate the support and encouragement provided by the Elder Body as well as the brotherhood.

In Christian love,

ACCFS Board of Directors and Staff



APOSTOLIC CHRISTIAN

Counseling and Family Services

Helping the hurting. Nurturing hope. Encouraging growth.