

Receiving God's Blessing & Sharing It

Elder's Wives - Peoria 8.8.24

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Description

God was very thoughtful and intentional about how to bless His people. "Do it like this" he told Aaron. His blessing (captured in *Numbers 6*) is beautiful poetry. Not only is it beautiful to the ear, but it is also health to the heart and soul. Let's learn together about how God chooses to bless us, how to receive His blessing and how to bless our husbands with the Father's words.

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Objective

That we would understand God's heart for blessing, receive His blessing and learn how to share God's blessing with our husband.

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Outline

The Blessing of God

- Teaching (~ 30 min)

Receiving the Blessing

- Activity (~30 min)

Sharing the Blessing

- Teaching (~15 min)
- Practice (~15 min)

Collaboration

- Discussion (~60 min)


The Blessing of God

TEACHING

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What is a Blessing?

TO BLESS IS
TO CONFER
FLOURISHING,
ABUNDANT
LIFE ON
ANOTHER.



Aaronic Blessing

22 And the Lord spake unto Moses, saying,
 23 Speak unto Aaron and unto his sons, saying, On this wise ye shall bless the children of Israel, saying unto them,
 24 **The Lord bless thee, and keep thee:**
 25 **The Lord make his face shine upon thee, and be gracious unto thee:**
 26 **The Lord lift up his countenance upon thee, and give thee peace.**
 27 And they shall put my name upon the children of Israel, and I will bless them.

Numbers 6


What God is saying

1. I will keep you.
2. I will be gracious unto you.
3. I will give you peace.

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“Keep thee...”

Like a gardener who keeps a garden, God is a keeper. Not only is safety provided but nurturing also.



“Be gracious unto thee...”

By His grace, God bridges the strong and weak power differential between us. Not only does God reach for us but he accepts us also.



“Give thee peace.”

The construction of completeness, harmony, and fulfillment. Not merely lack of conflict but satisfaction also.



How He is saying it.

- *Make His face to shine on you.*
Smiling upon you.
- *Lift up His countenance upon you.*
Giving you eye contact.

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The Human Face

With 40 plus muscles and the ability to make 10,000 micro expressions, the human face is far and away the most complex face in the animal kingdom. God has endowed the human face with the ability to communicate without words.



Non-verbal Communication

When verbal messages don't match non-verbal messages, the recipients more often believe the non-verbal. In that way, we believe non-verbals as a window into truth.

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Left and Right Brain

Healthy communication includes both the logical left and the imaginative right.

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Aaronic Blessing

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Numbers 6



Receiving the Blessing

ACTIVITY

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Receiving the Blessing

1. Receive the blessing.

- Listen to the blessing read over you.
- Hear the facts.
- Feel the expression.

2. Find a place to sit and reflect on God's blessing.

- His keeping of you.
- His grace toward you.
- His peace for you.

- See His smile.
- See His eye contact.

Ideas: journal a response, rest in silence, thanksgiving, prayer

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Sharing the Blessing

TEACHING & PRACTICE

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Why minister the blessing?

- The blessing of God is brought near through the ministration of others.
- “Who” ministers the blessing matters. Wives, in particular, have credibility with their husbands as well as mothers with their children.
- God’s blessing includes healthy facts and feelings. It will help him have a proper relationship to the ministry.

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How to minister the blessing?

1. Spend time listening for God’s blessing.
2. Receive it for yourself.
3. Put it into words and in a manner that your husband will hear.
4. Share it with fact and feeling.

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Example

4 According as he hath chosen us in him before the foundation of the world, that we should be holy and without blame before him in love:

5 Having predestinated us unto the adoption of children by Jesus Christ to himself, according to the good pleasure of his will,

6 To the praise of the glory of his grace, wherein he hath made us accepted in the beloved.

7 In whom we have redemption through his blood, the forgiveness of sins, according to the riches of his grace;

8 Wherein he hath abounded toward us in all wisdom and prudence;

9 Having made known unto us the mystery of his will, according to the good pleasure which he hath purposed in himself:

Ephesians 1

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Sharing the Blessing

- Pair up.
- Select a scripture.
- Identify a truth in it that would bless another believer.
- Practice putting it into words and sharing it with each other.

Speaker – Giving eye contact and with an assuring expression, speak the fact with feeling.

Receiver – Listen to the blessing as coming from God through this sister.

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Collaboration

DISCUSSION

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Discussion Questions

- In what ways is receiving God's pronounced blessing difficult? How do we get better at it?
- Do you tend toward logic or emotion when speaking encouragement to your husband? What does this look like in your interactions with him?
- How have you supported your husband spiritually?
- How do you detect when your husband is spiritually needy?
- What have you learned you can do for your husband? What have you learned you cannot do for your husband?

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