

The background of the page is white and decorated with various abstract shapes in three colors: dark green, light tan, and brown. These shapes include circles, ovals, and thick curved lines, some of which are partially cut off by the edges of the page. The shapes are scattered across the top and bottom areas, framing the central text.

Grafted Gathering

*ADOPTIVE & FOSTER FAMILY
SUPPORT DAY 2024*

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*“MAY THE LORD GIVE YOU
INCREASE, YOU AND YOUR
CHILDREN! MAY YOU BE
BLESSED BY THE LORD, WHO
MADE HEAVEN AND EARTH.”*

PSALMS 115:14-15



Schedule

8:00–8:30am	Registration
8:30–9:15am	Welcome & Breakfast
9:15–9:45am	Devotion
9:45–10:30am	Main Session <i>Trauma, Treatment & God's Healing</i>
10:30–10:45am	Break
10:45–11:00am	Personal Perspective
11:00–11:45am	Discussion Groups
11:45am–1:15pm	Lunch and Fellowship
1:15–2:00pm	Breakout Session
2:00–2:45pm	Discussion Groups
2:45–3:00pm	Break
3:00–3:15pm	Personal Perspective
3:15–4:15pm	Main Session
4:15–5:00pm	Fellowship/Dismiss

MAIN SESSION

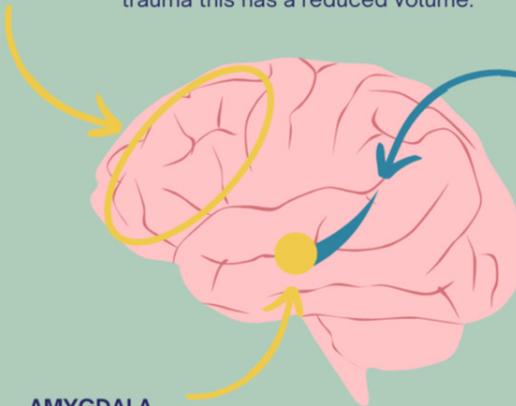
Trauma, Treatment & God's Healing

TRAUMA AND THE BRAIN

- Big T vs little t
- Ages during trauma
- Survival

HOW TRAUMA AFFECTS THE BRAIN

PREFRONTAL CORTEX Rational thinking - regulates emotions such as fear responses from the amygdala - with trauma this has a reduced volume.



HIPPOCAMPUS
Responsible for memory and differentiating between past and present - works to remember and make sense of trauma. With consistent exposure to trauma, it shrinks.

AMYGDALA
Wired for survival, when active it is hard to think rationally. The more hyperactive the amygdala is, the more signs of trauma are present.



OFTEN LIES

Negative

- The world is a dangerous place
- Life is unpredictable and uncontrollable
- The world is inherently unjust
- Life is a constant struggle
- Success in life is determined by luck
- The world is a chaotic, confusing place
- The world is declining
- Future generations will suffer because of us
- The world is filled with more pain than joy

Negative Core Beliefs

I am a bad person.	I am unlovable.	I deserve to be unhappy.	I can't do anything right.
There is something wrong with me.	I don't do anything but make mistakes.	I am a failure.	I am always such an idiot.
I am a mistake.	I will never be happy.	I can't get better.	I'm unworthy of being loved.
I am not important.	Things will never get better for me.	I am not good enough.	I am always right.
I must succeed at all costs.	I am powerless.	I am broken.	I deserve rejection.

@BlessingManifesting

HEALING

- *Psalm 147:3 - "He healeth the broken in heart, and bindeth up their wounds."*
- *Jeremiah 33:6 - "Behold, I will bring it health and cure, and I will cure them, and will reveal unto them the abundance of peace and truth."*
- *Isaiah 61:1-3 / Luke 4:19*
- *1 Corinthians 12 - gifts of healing from the Holy Spirit*

TREATMENTS

- Cognitive Behavioral Therapy (CBT)
- Prolonged Exposure (PE)
- Cognitive Processing Therapy (CPT)
- Eye Movement Reprocessing and Desensitization (EMDR)
- Medications

Replacing Lies with Truth!

NOTES





AGENCY RESOURCES



Apostolic Christian Counseling & Family Services

515 E. Highland St. | Morton, IL 61550
309.263.5536 | www.accounseling.org

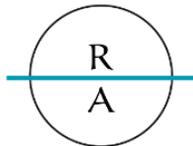
Offer triage calls and direction towards further resources.



Gateway Woods

14505 Klopfenstein Road | Leo, IN 46765
888.443.4283 | GatewayWoods.org

Offer triage calls and direction towards further resources.



RAD Advocates

New resource. Offers email updates & resources.
www.radadvocates.org



**Beatitude
House**

Matthew & Fawn Bradley

Great godly couple- good for parent/teen support or help for referrals and treatment options. | [828.734.0720](tel:828.734.0720)

www.beatitudehouse.org

Email: counseling@beatitudehouse.org



Nancy Thomas | Families by Design

Tons of very specific resources, videos, podcast.

PO Box 2812 | Glenwood Springs, CO 81602

970 984 2222 | www.attachment.org

www.facebook.com/ntp parenting



UnplowedGROUND
THERAPEUTIC PARENTING

Unplowed Ground

www.unplowedground.org

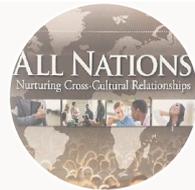
- Offer free initial parent consults.
- Helpful videos & trainings.
- Part of King's Ranch.

RESOURCES



When Love is Not Enough:
A Guide to Parenting With
RAD-Reactive Attachment Disorder
Author: Nancy Thomas

All Nations
Nurturing Cross-Cultural Relationships
www.acbookstore.org



Inside Transracial Adoption
Authors: Beth Hall and Gail Steinberg

Childhood Disrupted
How your biography becomes
your biology and how you can heal.
Author: Donna Jackson Nakazawa



The Body Keeps the Score
Author: Bessel Van Der Kolk M.D.



The Connected Child:

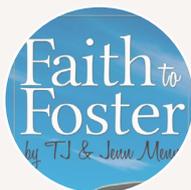
Bringing Hope and Healing
to Your Adoptive Family

Authors: Dr. Purvis, Dr. Cross, & Wendy Sunshine

The Connected Parent:

Real-Life Strategies for
Building Trust and Attachment

Authors: Dr. Karyn Purvis and Lisa C. Qualls



Faith to Foster

Authors: TJ and Jenn Menn

Orphanology:

Awakening to Gospel-Centered
Adoption and Orphan Care

Authors: Tony Merida and Rick Morton



Wait No More:

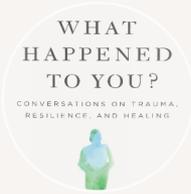
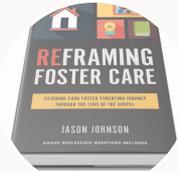
One Family's Amazing Adoption Journey

Authors: John and Kelly Rosati



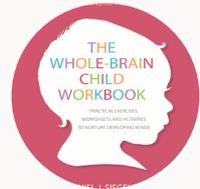
Karyn Purvis Institute
at Texas Christian University
<https://child.tcu.edu/>

Jason Johnson
Blog & books
www.jasonjohnsonblog.com

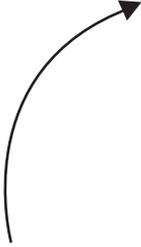
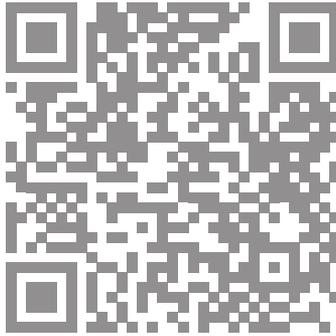


Bruce Perry, M.D., Ph.D.
Books & Resources on Trauma
www.bdperry.com/books

Dr. Daniel Siegel
Books & Resources on Trauma
www.drdansiegel.com/books/



Bessel Van Der Kolk M.D.
Books & Resources on Trauma
www.besselvanderkolk.com



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