

THE ROLE OF | MENTORSHIP

May 2025

Discipleship is about becoming more like Jesus in how we live, believe, act, and love others. It's an apprenticeship, a journey of transformation that shapes every corner of our lives. But here's what's easy to miss—this kind of deep transformation doesn't happen in isolation. We need others—people we can trust in secure, caring relationships. That's why mentorship matters so deeply in the life of a disciple.

We live in a culture of increasing disconnection. The data is clear that people are lonelier than ever, despite the illusion of connection through our electronic devices. And the Church isn't immune. Many believers feel isolated, unsure of how to bridge the gap between polite conversations at church and feeling truly seen and connected. On a deeper level, we're unsure how to bridge the gap between believing in Jesus and walking with him in our daily life. Mentorship can often offer a relational solution to this crisis. It's not the whole of discipleship, but it's a vital piece—a way we can help each other follow Jesus more closely and love him and others better.

Whether you're new to the idea of mentorship or have been walking with Jesus and a mentor for years, here are three ways mentorship can strengthen your journey of discipleship as you begin or continue intentional relationship.

1. Seek Out Connections

Mentorship begins with intentionality. It might mean seeking out a mentor—someone whose wisdom, encouragement, & guidance can help you grow. Or offering to mentor someone else, sharing your experiences and love to support their journey. Both roles require humility and a willingness to take the first step. Mentorship isn't about perfection or expertise, but it is about showing up with an open heart & a desire to grow together in Christ. The key is building trust through intentional, consistent connection.

Action Step: Reflect on your life and relationships. Who inspires you in their faith? Invite them to coffee or lunch to hear their story. If you feel called to mentor, ask God to guide you toward someone you can support. Remember, even small acts of connection can spark significant growth.

2. Walk Together in the Everyday

Mentorship thrives in small, everyday moments of life. It's not about formalities or structured programs; it's about presence. Jesus modeled this by sharing meals, walking alongside his disciples, and teaching through the rhythms of daily life. Mentorship is about joining someone in their journey, offering encouragement, listening deeply, and consistently pointing each other back to Jesus. These ordinary moments, anchored in Christ's love, allow spiritual & emotional growth to flourish.

Action Step: Commit to simple, consistent connections with your mentee or mentor. Schedule a regular time to meet for coffee, prayer, or Bible study. Engage in shared practices like serving together or reflecting on scripture. These small, faithful steps foster trust and create space for God to work in profound ways.

3. Build Relational Depth

The goal of mentorship isn't to rush toward results but to embrace the relationship itself. Jesus spent years with his disciples, allowing inward transformation to happen slowly over time. Similarly, mentorship calls us to slow down, invest in others, and trust God to work through the relationship.

Action Step: Focus on the relationship rather than the outcome. Ask thoughtful questions, be open about your journey, and listen with care. Trust that God is at work in the relationship, shaping both of you in ways you might not immediately see.

A Call to Action

The connection crisis is real, but so is the opportunity to bring healing and hope. Mentorship doesn't need to be over-complicated—it starts with an invitation, a conversation, and a willingness to walk together. Thru these relationships, we reflect the heart of Jesus and help each other grow into his likeness.

This week, take one small step. Pray for guidance and ask yourself, "Who has God placed in my life that could benefit from a conversation or encouragement?" Reach out, invite them to coffee, or offer to pray with them. These small, intentional acts can set the stage for life-changing relationships.

FEATURED RESOURCES

Helping the hurting. Nurturing hope. Encouraging growth.



COMMUNITY WEBPAGES



Mentor Skills

A mentoring relationship provides the opportunity for instruction, support, and mutual encouragement as we help each other draw closer to Christ and his Body.



Building Up Marriages

Healthy marriages are a key to a healthy church. These resources are intended to provide support & encouragement to build up marriages.



Pathway to Purity

The sexual purity battle is full of ups and downs, yet there is hope. These resources are meant to encourage and equip helpers walking this journey with individuals.



Discipleship

God calls us to a life of discipleship, a personal walk with him where we bring all our life into alignment with the way of Christ and encourage others to do the same.



Sunday School

Sunday School is a vital ministry within the church. This page houses resources that are meant to provide discussion points and model lessons in some key content areas.



Women

This community is intended to provide resources focused specifically for women who desire resources for themselves or who are helping other women.

UPCOMING EVENTS

Discipleship
Foundations

AUGUST 30

in Ellington, CT



Marriage Retreat

**OCTOBER
10-12**

in Livonia, MI



COUNSELING IN 2024

3000
Counseling
Sessions

2000
Telehealth
Sessions

200
Telepsychiatry
Sessions

495+
Counseling
Clients

Thank You!

Your continued support of our ministry enables us to provide *help, hope, and growth* to others. **Thank you** for blessing us with your ongoing prayers & funding.



Sign up for our emails to be notified of upcoming events and highlighted resources.



Check out the host of resources on our website.



APOSTOLIC CHRISTIAN
Counseling and Family Services
Helping the hurting. Nurturing hope. Encouraging growth.